

ayyappaa maalaa (mudraa) dhaaraNa mantraha

gyaana mudraam shaastra mudraam guru mudraam
namaamyaham |
vana mudraam shuddha mudraam rudra mudraam
namaamyaham ||1||

shaanta mudraam satya mudraam vrata mudraam namaamyaham |
shabaryaashrama satyena mudraam paatu sadaapi may ||2||

gurudakShiNayaa poorvam tasya anugraha kaariNay |
sharaNaagata mudraakhyam tvan mudraam dhaarayaamyaham ||3||

chin-mudraam khecharee mudraam bhadra mudraam
namaamyaham |
shabaryaachala mudraayai namastubhyam namo namaha ||4||